



Dinton Summer Series

THE running series of the summer!

The summer really isn't complete at Barnes Fitness without our infamous 5km/10km & 2km Kids Summer Series and we are SO excited to bring it back for the 15th year. ALL abilities of runners welcomed.

Enter the entire series before 10 April and receive a FREE pair of Stolen Goat Summer Series socks (adults only)

What to expect.....

- ✓ Chip Timed
- ✓ Friendly marshals
- ✓ Free photos
- ✓ Amazing interconnecting metal medals

When

Thursday 14 May
Thursday 18 June
Thursday 16 July
Thursday 13 August

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Dinton Pastures Country Park, Wokingham, RG10 0TH



THAMES 10KM

SUNDAY 20 SEPTEMBER



ALL ABILITIES WELCOME

We're bringing back a golden oldie, formerly known as the O2O 10km - a 10km starting at Thames Valley Park and following the Thames and Kennett & Avon Canal into central Reading and back.

As is becoming the "norm" at most of our events now, we will also be hosting a Kids Fun Run prior to the 10km.

- ✓ Friendly marshals
- ✓ Free photos
- ✓ Metal medals
- ✓ Trophies
- ✓ Chip timed
- ✓ Friendly atmosphere

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Thames Valley Park, Reading, RG6 1PT