



GEMS

Autism & ADHD Support Service
East Berkshire

Virtual Coffee Morning Life events and changes

Friday 6th February

10:00 - 11:00am

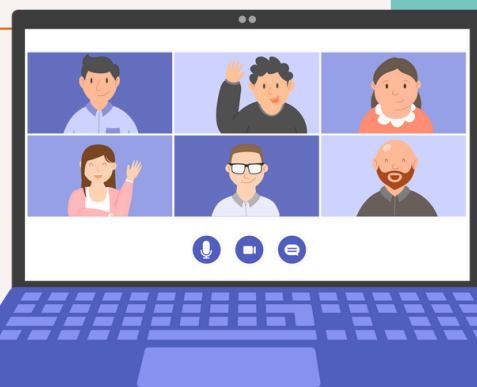
**25 spaces
available!**

Join our online informal discussion.

What to expect?

A supportive coffee morning for parents/carers to discuss how they navigate big life events and transitions. From weddings and blending families, birthdays and proms, to school changes and deaths in the family and much more.

Please note this is not a workshop but support group for parent/carers and any medical advice should be sought from your medical practitioner.



Sign Up Today!

Available for families who reside in or have a registered GP in East Berkshire with a child who is Autistic/ADHD (suspected/awaiting assessment/diagnosed)

To book your place contact GEMS:



Gems.4Health@nhs.net



0800 999 1342