



We have just released another 2 new dates for our workshops.

ADHD Teens

Hosted by Parenting Special Children: Exploring the challenges and concerns, strengths and opportunities. Supporting our teenagers through change and managing risks. Identity, Self-Esteem, Independence and Responsibility. Staying Connected - Communication and Relationships.

ADHD SUPPORT

Parents & carers of secondary school aged children. Suitable for parents & carers who have previously attended ADHD courses.

Online: Thursday 27th March 2025 - 7pm - 9pm

Booking link : <https://parentingspecialchildren.co.uk/events/teens-and-adhd-berkshire-east-mar-2025/>

Sleep - Autism & ADHD

Hosted by Parenting Special Children: The workshop will cover: Children's sleep cycles and sleep needs, The reasons behind night settling and night waking, Strategies to feel less stressed when sleep training, new parenting strategies for settling your child to sleep, and staying asleep.

AUTISM and or ADHD

For Parents & carers of pre school, primary & secondary school aged children.

Online: Wednesday 5th February 2025 - 7 - 9pm

Booking link : <https://parentingspecialchildren.co.uk/events/sleep-autism-adhd-berkshire-east-feb-2025/>

Please note that these workshops are hosted by Parenting Special Children but funded by GEMS, you will need to create an account with Parenting Special Children using the links provided.