

Reducing Sibling Rivalry

A 2-hour session looking at:

- Encouraging a more harmonious sibling relationship
- Learn / revisit techniques for children to cope with being a sibling.
- Boosting children's emotional literacy



Thursday 7th November 2024 (12 spaces)

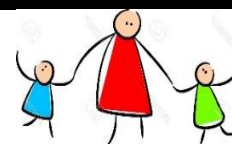
@ Bracknell Open Learning Centre

9.30 – 11.30 am

Single Parent, Separated and Blended families – supporting children to cope with different family dynamics.

A 2-hour session looking at:

- Different family dynamics and how they can work.
- Parental conflict resolutions
- Being the best parent that you can be for your child



Thursday 14th November 2024 (13 spaces)

@ Bracknell Open Learning Centre

9.30 – 11.30 am

Supporting a smooth secondary school Transition (YR 5/6 parents)

A 2-hour session looking at:

- What the transition involves
- The positives and concerns of transitioning to a new setting
- Boosting your child's ability to have a smooth transition



Supporting a smooth transition from Year R to Year 1 and beyond (not school specific)

A 2-hour session looking at:

- What's involved in transition from reception to year 1.
- The best ways to support the transition.
- Boosting your child's resilience to cope with the change



If you are unable to attend any of the sessions or there are no suitable dates, please let me know so that I can add you to the waiting list for future sessions