

Dear Parent/Carer,

We have just released a new date for our 3 part ADHD course.

<p>ADHD Course</p> <p>A 3-week course</p>	<p><i>Hosted by Parenting Special Children:</i></p> <p>Session 1: Provides an insight into what ADHD is. Learn about the challenges & concerns often raised. Explore strengths and opportunities related to ADHD.</p> <p>Session 2: Learn to understand children's anxiety and how this relates to ADHD.</p> <p>Session 3: Gain an understanding of attention deficit behaviours & how to manage these.</p>	<p>ADHD SUPPORT</p> <p>For Parents & carers of children aged 3 and over, primary & secondary school aged children.</p>	<p>Online:</p> <p>Thursday 14th, 21st and 28th November 2024.</p>	<p>7 - 9pm</p>
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Booking link : <https://www.eventbrite.co.uk/e/adhd-course-berkshire-east-registration-1048783659157?aff=oddtcreator>

We will be releasing new dates for our other workshops soon.

Kind regards

The GEMS Team www.gems4health.com