



GEMS

Autism & ADHD Support Service
East Berkshire

Virtual Coffee Morning - Eating and food (Autism and/or ADHD)

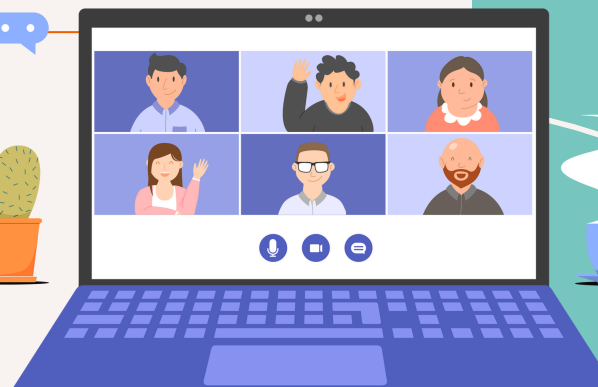
**Friday 20th September -
10am to 11.15am**

**25 spaces
available!**

Join our online informal discussion to cover the following areas:

- What works for your family at meal times?
- What are problematic areas around eating?
- How do you support your child with eating?

Please note this is not a workshop but support group for parent/carers and any medical advice should be sought from your medical practitioner.



Sign Up Today!

Available for families who reside in or have a registered GP in East Berkshire with a child who is Autistic/ADHD (suspected/pathway/diagnosed)

To book your place contact GEMS:



Gems.4Health@nhs.net



0800 999 1342