



Wednesday 23<sup>rd</sup> October 2024  
@ Bracknell Open Learning Centre

6.30 – 8.30 pm

### Reducing Sibling Rivalry

**A 2-hour session looking at:**

- Encouraging a more harmonious sibling relationship
- Learn / revisit techniques for children to cope with being a sibling.
- Boosting children's emotional literacy



Tuesday 17<sup>th</sup> September 2024  
@ Bracknell Open Learning Centre

6.30 – 8.30 pm

Thursday 7<sup>th</sup> November 2024  
@ Bracknell Open Learning Centre

9.30 – 11.30 am

### Single Parent, Separated and Blended families – supporting children to cope with different family dynamics.

**A 2-hour session looking at:**

- Different family dynamics and how they can work.
- Parental conflict resolutions
- Being the best parent that you can be for your child



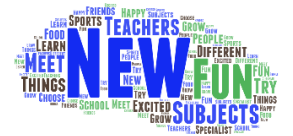
Tuesday 24<sup>th</sup> September 2024  
@ Bracknell Open Learning Centre

9.30 – 11.30 am

### Supporting a smooth secondary school Transition (YR 5/6 parents)

**A 2-hour session looking at:**

- What the transition involves
- The positives and concerns of transitioning to a new setting
- Boosting your child's ability to have a smooth transition



Please let me know if you would like to go on the waiting list for future sessions

### Supporting a smooth transition from Year R to Year 1 and beyond (not school specific)

**A 2-hour session looking at:**

- What's involved in transition from reception to year 1.
- The best ways to support the transition.
- Boosting your child's resilience to cope with the change



Please let me know if you would like to go on the waiting list for future sessions