



**Thursdays, 22<sup>nd</sup> Feb; 21<sup>st</sup> March; 25<sup>th</sup> Apr;  
16<sup>th</sup> May; 20<sup>th</sup> Jun; 11<sup>th</sup> July 2024**

**Community Parent/Carer Support Group,  
Bracknell.**

A support group for family members who have children/young people with additional needs living within the Community of Bracknell.

A safe and supportive space for sharing experiences and gaining support with the unique challenges faced by families of children with additional needs.

Each session will include an hour talk about a topic around being a parent of a child with additional needs. The remainder of the session will be for discussion of the topic and social support time.

**February topic; Wellbeing & self care.**

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#### **DATE & TIME**

See above for dates  
12.30pm-2.30pm

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#### **VENUE**

Great Hollands Community  
Centre, The Square,  
Great Hollands ,Bracknell  
RG12 8UX  
Front hall

#### **COST**

FREE  
(Refreshments provided)

#### **FURTHER INFORMATION**

Charlie Taylor  
07831409731  
[charlie@parentingspecialchildren.co.uk](mailto:charlie@parentingspecialchildren.co.uk)

**\*PLEASE NOTE WE ARE A DAIRY FREE SETTING\***

**Children welcome under parent supervision**