



Leppington, Bracknell, Berks, RG12 7WW

Headteacher: Michael Dillon B Ed (Hons) MA

Friday, 14 May 2021

Year 6 Relationships, Sex and Health Education

Dear Parents/Carers,

We will be continuing the Relationship, Sex and Health Education (RSHE) that has been an integrated part of the Personal, Social, Health and Citizenship Education programme of the school, as well as being a topic in the Living Processes Unit of the Science.

I am writing to notify you that we will be starting this topic next week lasting into next half term (missed Y4 units and Y6 content), so that you are fully informed and are aware of what your child will be learning in case they wish to discuss anything with you at home.

RSHE is taught to encourage a sense of social responsibility, having respect for themselves, for others and for their environment.' We aim:

- To promote a respect of the rights and feelings of others; developing loving, caring relationships as friends, parents, members of a family and ultimately sexual partners;
- To provide knowledge of how the human body functions, how it grows and how we change physically and emotionally;
- To emphasise the importance of self-esteem in encouraging all members of the school community to respect and care for their body and mind;
- To present the facts about lifestyle choices in order for all our children to then make informed judgements and to be prepared for the demands of modern life;
- To create an ethos of positive relationships between all members of the school community, and for the children to be given appropriate answers as naturally and honestly to their questions on personal relationships and sex;
- To give regard to the age, emotional and physical maturity of the children within all the age groups taught, including those pupils with learning or physical difficulties.

A variety of teaching methods and resources will be used to deliver our RSHE programme including 'circle-time', videos, books, photographs, charts, and posters. To ensure complete respect for each other, guidelines and the Jigsaw charter, which children recognise from their PSHE lessons, will be made very clear to all. These rules should minimize any embarrassment children might feel and discourage inappropriate personal disclosures. Also a question box will be available during all SRE lessons, so that difficult questions can be asked and answered without embarrassing the questioner. The teacher will respond unless any are inappropriate or only meant to embarrass.

Specific topics to be taught in RSHE this year are based around the Jigsaw Scheme of Work, available on the school website:-

Self and body image
Puberty (Boys and Girls)
Conception to birth

I hope that this gives you all the information you need, if you wish to discuss any of the above, please contact us.

Yours sincerely,
Miss Hodge & Miss Garnham