

Activity Ideas 11

Make the most of your unexpected time together! Let YOUR inner child out!

LAUGH LOVE LIVE

Keep a balance and be realistic about what you can do – working from home, school work etc will need to be factored in and it is also ok for children to have time when they entertain themselves.

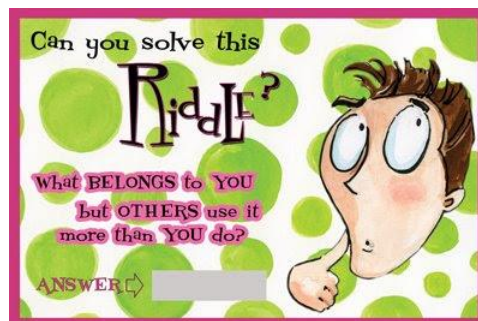
Avoid competitive games and flash points

You might find it helpful to have a timetable

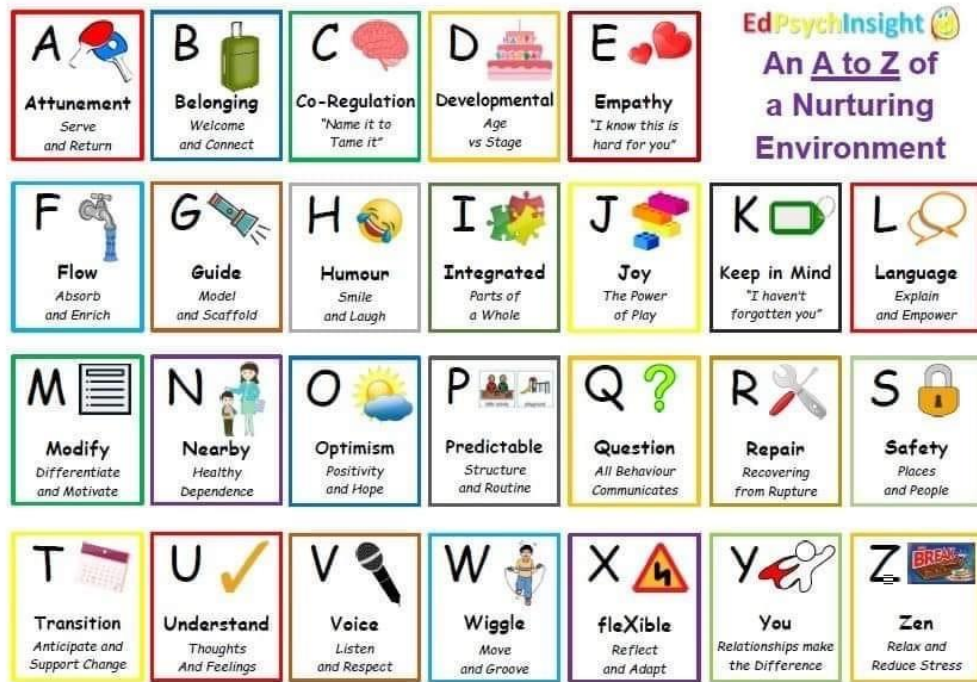
Try to keep the rules and boundaries that you already have in your home

Don't worry about the housework!

- Make your own jigsaw puzzles – ask children to draw an A4 picture about what/who they have missed/ what they have enjoyed about lockdown etc. Alternatively use a photograph or picture from a magazine. Mount this on card and cut out puzzle pieces – this could be sent to family/friends. You could ask them to make one for you and swap.
- Make a wobbly treat – make jelly and add a range of different things – jelly sweets/fruit shapes
- Make your own dominoes or snap cards using photos/pictures from magazines or pictures that your children have drawn
- Amazing mazes – encourage children to design their own mazes inside or out using string/natural materials/fabrics etc
- Teach your children some of your favourite childhood games – Jack's /hopscotch/close the box/what's the time Mr Wolf/Captains table etc
- Learn to juggle



- Play with riddles



Links to websites:

<https://www.cwmt.org.uk/single-post/New-infographics-supporting-children-returning-to-school>

<https://www.winstonswish.org/preparing-children-return-school/>

Take care and know that I am thinking of you

Heidi x